

RACHEL PERLMAN

Professional Dancer- Master Teacher- Choreographer- Adjudicator

508-292-6096 - RachelMPerlman@gmail.com - www.RachelPerlman.com

Training/ Education:

Dance: Musical Theatre Styles, Tap (Theatre & Rhythm), Ballet, Jazz, Contemporary, Modern, Lyrical, African, Hip Hop, Fosse, Pointe, Ballroom Styles

B.F.A. DANCE PERFORMANCE & CHOREOGRAPHY,

- ~Business Administration Minor - *ELON UNIVERSITY*, Elon, NC (Magna Cum Laude, 2010)
- Broadway Dance Center- NY, NY (Winter Intensives and Regular classes)
- Steps on Broadway- NY, NY (Work/Study Program)
- Stage Door Connections Professional Seminars- (Work/Study) NYC
- Jeanette Niel Dance Studio- Boston, MA
- The Gold School- Brockton, MA (Summer Intensives)
- Dance Designs- Hyannis, MA
- Conventions: NYCDA, WCDE, DanceOlympus, DEA, Shock!
- American College Dance Festival

Certifications:

National Academy of Sports Medicine- Certified Personal Trainer

National Academy of Sports Medicine- Certified Nutrition Coach

Pilates Mat Sequence – Lauren Kearns Pilates Certification- Burlington, NC

Teaching Experience:

Conventions/Intensives/ Workshops/

Master Classes:

- Energy National Dance Convention
- Dream Dance Challenge Master Classes
- Turn It Up Dance Challenge Conventions
- Arkansas Repertory Theatre, Little Rock, AR
- Tuacahn Center for the Arts- St. George, UT
- The Palace Theatre, Manchester, NH
- Mill Mountain Theatre Conservatory
- Musical Theatre Southwest- ABQ, NM
- La Mesa Dance- Master Class- ABQ, NM
- Shuffles & Ballet II- Little Rock, AR
- Marisa & Jaqu's Dancers- N. Little Rock, AR
- The Dance Attic- Wake Forrest, NC
- Amber's House of Dance- Burlington, NC
- Beth Walsh Dance Centre- Centerville, MA
- Burlington Academy of Dance Arts- Burlington, NC
- The Brooks School- North Andover, MA
- Clark University- Worcester, MA - Choreo
- Broadway Bound Dance Acad.- Natick, MA

Other Teaching Related Experience:

- Private and group ZOOM classes
- Amber's House of Dance- Burlington, NC- Regular scheduled Tap, Lyrical, Jazz classes
- Turning Pointe Dance Center- Union, NJ Long-Term Sub for Jazz, Ballet, Acro, Lyrical
- The Dance Source- Queens, NY Long-Term Sub for Tap
- Holland America Line-M/S Amsterdam Ship- Basic ballroom styles for guests
- Dance Captain/ Associate Choreographer
- Busch Gardens Williamsburg- Elon, NC- Audition Instructor
- Elon University- Teaching Assistant to Professor Lauren Kearns for Choreography II and Yoga
- Dance Olympus Convention- Touring Teaching Assistant/Demonstrator for convention faculty

Choreography/Associate Work:

- Associate Choreographer for "Mary Poppins" at Tuacahn Amphitheater
- Associate Choreographer for Disney Cruise Line's The Wish "Little Mermaid"
- Associate Director/Choreographer for "Annie" at Tuacahn Amphitheater
- Assistant Choreographer for "The Count of Monte Christo" at Tuacahn Amphitheater
- Associate Choreographer for "Mary Poppins" at New Bedford Festival Theatre
- Arkansas Rep Theatre Education Dept. Summer Musical Theatre Camp Choreographer
- Amber's House of Dance, NC: Musical Theatre Productions, Small Groups, Solos, Trios
- The Dance Attic- Wake Forest, NC: Solo, Duet, Small & Large Groups, Extended Lines
- American College Dance Festival- Choreography selected twice to represent Elon University
- Assistant Director/ Co-Choreographer of Elon Tap Ensemble's annual "TAPPED OUT!" under the direction of Gene Medler
- President/Co-Choreographer/Director of Elon DanceWorks (Student choreography org.)
- Competition choreography has been awarded "Outstanding Choreography"

Adjudicator/Competition Judging/Competition Assistant Director Experience:

- Impact Dance Adjudicators Member- Company of Pre-Screened Judges 2015-Present
- Adjudicator for Turn It Up Dance Challenge National & Regional Competitions, 2014-Present
- Adjudicator for: Dream Dance Challenge, Inferno Dance, Spirit of Dance, Excel Dance, True Dance Challenge, Impact Dance Virtual Competition
- Dance Olympus/DANCEAMERICA Regional Asst. Director – Regional/ Summer Tours

Fitness:

- Future Fitness App Coach
- F45 Training Coach- Albuquerque, NM
- Physique57 (Barre Method) NYC Boutique Fitness Studio Trainer
- Personal Training/HIIT/Barre/Bootcamps/Pilates/Dance Cardio